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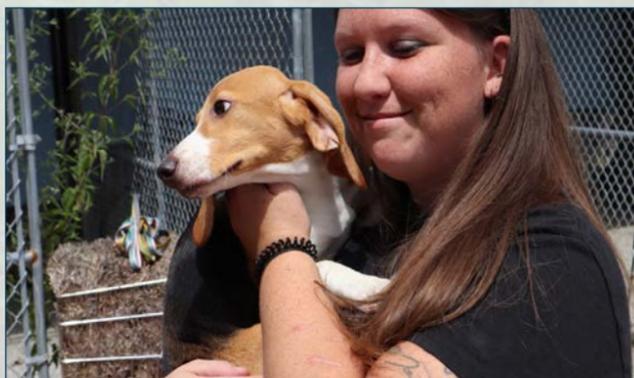
*August 18, 2022
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BEAGLES READY FOR ADOPTION



CHINESE FESTIVAL THIS WEEKEND



PREVENTION SCIENCE OFFERS SOLUTIONS

Photo link: Delaware Art Museum



Community

TOWN SQUARE LIVE



BEAGLES BRED FOR DRUG TESTING—NOW YOU CAN ADOPT THEM

BY CHARLIE MEGGINSON

Had they not been rescued, they would have been sold to laboratories for drug experimentation. Of the 4,000 beagles removed from a Virginia breeding facility in the last month, 35 now call Delaware home.

Faithful Friends Animal Society in Wilmington was just one destination of three in the First State. The organization welcomed 13 puppies Tuesday, all between two and six months old, and invited Delaware LIVE News for an inside glimpse. The other 22 went to the Delaware SPCA/Delaware Humane Association, and the First State Animal Center and SPCA. Brandywine Valley SPCA's West Chester Pa. location took in 23 beagles.

A 2021 PETA undercover investigation found the beagles had been permanently confined to small, barren kennels at an Envigo breeding facility in Cumberland, VA. Subsequent government inspections found that beagles were being killed instead of receiving care for easily treated conditions, nursing mother beagles were denied food,

the food they received contained maggots, mold and feces. Over an eight-week period, 25 beagle puppies died from cold exposure.

In May 2022, the U.S. Department of Justice sued the company alleging violations of the Animal Welfare Act. By July, senior U.S. District Court Judge Norman K. Moon had permanently barred Envigo's Cumberland location from any activity that requires a federal Animal Welfare Act license. Envigo settled the lawsuit without paying any fines and agreed to close the facility.

Until they arrived at Faithful Friends, the dogs had spent virtually no time outside. Their entire lives have been spent in wire cages.

“Bearing in mind these dogs have unfortunately never felt grass, the sun on their fur, or love, Faithful Friends is prepared to invest a significant amount of behavioral resources into the beagles including bonding exercises from their training team,” the group announced Tuesday. “Our entire dog team staff will invest hours of time in the rehabilitation of these animals so they can live a fulfilled, happy life, with new forever homes.”

The dogs were greeted at Faithful Friends by hordes of employees, volunteers and guests. They scurried around the enclosed yard, played with toys provided by the organization, and lapped up fresh water. After running around for a while, the beagles were examined by a veterinarian, vaccinated, and micro-chipped to prepare for adoption. The dogs will be spayed and neutered.

“All of the dogs, from the weaned puppies up to the moms, have tattoos in their ears,” said Audra Houghton, director of operations for the Humane Society of the United States’ animal rescue team. “That was their name for their entire life.”

But as they're adopted, they'll no longer be numbers, Houghton said. They'll be individuals with families who love them.

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COULD THESE NEW HOMES BREAK THE CYCLE OF POVERTY?

BY CHARLIE MEGGINSON

Shortly after single mother of two, Alison Mendez moved into northeast Wilmington’s Riverside neighborhood five years ago, there was a shooting right behind her home.

“It scared me and my kids,” Mendez said. “But today, it’s changed.”

She spoke before a crowd of some 300 community members, among them leaders in government, business, nonprofit and philanthropy. They gathered in Riverside for a ribbon-cutting event to celebrate the phase one completion of **Imani Village**, a mixed-in-

come family rental community designed to disrupt the cycle of urban poverty.

“Imani” in Swahili means faith, explained Logan Herring, CEO of **The WRK Group**, which is comprised of **The Warehouse**, **REACH Riverside**, and **Kingswood Community Center**. “It takes a village to raise a child,” Herring said. “You put both of them together and what do we have? Imani Village.”

The affordable housing project is just one component of The WRK Group’s master plan for Riverside. It envisions a **purpose-built community** focused on three

pillars: redevelopment, education and community health. By investing in the community holistically, project leaders hope to give residents opportunities to build generational wealth that allow them to escape the cycle of poverty.

Riverside sits between Route 13 and Interstate 495 in northeast Wilmington. Seventy percent of children in the community live beneath the poverty line and 41% of adult residents haven’t graduated high school.

One-third of the community’s 3,000 residents live in public housing and the median household income is \$9,277 per year—about seven times less than the national average.

Many of Tuesday’s speakers grew up in the neighborhood and spoke of their desire as children to “get out” and make something of themselves.

Once The WRK Group’s vision is achieved, Herring and others hope Riverside won’t be a place to escape, but rather a place to thrive.

“We are providing ‘hand-ups’ and not handouts,” said Charlie McDowell, board director of REACH Riverside.

The **plan** includes 600 mixed-income housing units, community health clinics, private school education at EastSide Charter School, and activities for children that offer meaningful alternatives to crime. It’s a level of investment the community has never seen—something Attorney General Kathy Jennings called “the antidote” to decades of redlining and discrimination.

“Everyone deserves access to safe, affordable housing. It is a basic human right,” Jennings said. “But all too often in our state and in our country, it has been denied to people.”

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NATIVITY PREP PRINCIPAL BELIEVES GOD GUIDED HER INTO TEACHING

aware, the Trenton, NJ, native began to gravitate toward the classroom. A devout Catholic, she also credits that to God.

JOURNEY TO NATIVITY

Meyers earned a degree in English, choosing that topic because she liked literature and appreciated the way books had helped shape her life.

“I have always been inspired by Maya Angelou,” Meyers said. “Not just through her writings, but the way that she approaches life with this understanding that we are in support of one another.”

Meyers cited a popular mantra of Angelou as a way she tries to live.

“She says that we are rainbows in one another’s cloud,” Meyers said, “and I think that that’s true. I have been a witness to so many rainbows in my cloud, and hopefully I have been a rainbow for others.”

Nativity, a tuition-free all-boys Catholic middle school in west Wilmington, is starting its 19th year this fall. The school has a **97.6%** minority enrollment, with 70.7% of its students being Black and 36.8% Hispanic, according to *U.S. News & World Report*.

[CLICK HERE TO READ MORE](#)

BY JAREK RUTZ

Shaquona Meyers, the new **Nativity Preparatory School** principal, offers a swift, brief answer when asked why she took the job at the private Wilmington boys school.

“God told me to,” she said. “God gave me the call and here I am.”

A self-proclaimed “no-nonsense nurturer,” Meyers never intended to go into teaching as she was growing up, even though she came from a family of educators. But during her sophomore year at the University of Del-

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BY BETSY PRICE

Delaware Theater Company’s executive director Bud Martin will retire in 2023 and turn control of the spotlight over to Matt Silva, who has been managing director for four years. During Martin’s decade at the riverfront theater, he helped restore its luster, which was at a low point when he took over.

He poured a lot of his own money into the theater’s budget and leveraged show business connections to bring in crowd-pleasing shows that were working out the kinks in hopes of hitting the boards on Broadway. That also served to enhance the theater’s regional clout.

Martin directed at least one show a season and even took the stage himself as an actor for only the second time in 37 years to appear in 2018’s “Heisenberg.”

“I have been honored to lead DTC for 10 years, working with a talented staff to position the theater as one of

BUD MARTIN TO LEAVE DELAWARE THEATRE AFTER DECADE AT HELM

the preeminent regional theaters in this country,” Martin said in a press release. “I’m deeply grateful for the tremendous support I’ve had over the past 10 years from community leaders such as Jack and Carla Markell and Secretary of State Jeff Bullock, as well as from countless trusted board members.”

BUD MARTIN LEGACY

Among the productions Martin brought to town were “Because of Winn-Dixie,” based on Kate Camilla’s book; “Diner,” based on the popular movie; “A Sign of the Times,” based on Petula Clark songs; “Something Wicked This Way Comes,” based on the novel by Ray Bradbury; “**Maurice Hines is Tappin’ Thru Life**” as told by the dancer himself and “**Other World**,” a new piece showcasing diverse talent set against online gameplay.

Those shows came with splashy names, too, including composer and writer Nell Benjamin, songwriter and composer Duncan Shiekh, filmmaker Barry Levinson, pop icon Sheryl Crow, writer Bruce Vilanch and dancer Maurice Hines.

Martin cast celebrity actors—Michael Learned, Peter Strauss, Donna Pescow, Harry Hamlin and Stephanie Powers among them—in some shows.

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What are local ...

NEW NCCO BILLS SHOW NEW WAY TO FIGURE OUT TAXES

BY KEN MAMMARELLA

New Castle County's just-mailed tax bills come with an explanatory letter titled "Local service function tax rates have changed."

People who live in unincorporated parts of the county—and that's most residents—and businesses in these unincorporated areas "will not see any change to their property tax rate," the letter says.

But it's a different story for residents and businesses in some municipalities.

"Although revenue neutral to New Castle County, the equitable distribution of the expenses of providing the Local Service Functions has created decreases in tax rates for some areas of the county and increases in tax rates for other areas of the county," county spokesman Brian Cunningham wrote in an email.

"Local service functions are government functions

that the county performs and that a municipality may perform," the letter says, exemplifying with police, code enforcement, and parks and recreation.

"If your municipality performs the service, the county local service function tax rate for your municipality is reduced," the letter continues.

TAX CHANGE EXAMPLES

Five municipalities have noticeable tax increases, Cunningham said, giving these as the median estimated tax increase:

- Delaware City: \$81
- Elsmere: \$29
- Middletown: \$15
- New Castle: \$17
- Newport: \$48

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Business

TOWN SQUARE LIVE



CHINESE DRUG COMPANY BREAKS GROUND FOR DELAWARE CAMPUS

BY BETSY PRICE

A Chinese pharmaceutical company broke ground in Middletown Tuesday for a 190-acre manufacturing plant expected to open in 2025 and employ 500 people full-time within a year. It will be **WuXi STA**'s second facility in the United States, giving the Shanghai drug company greater capacity and flexibility. It's the company's **first** facility on the East Coast.

Phase I of the new campus at 1091 Industrial Drive will provide formulation development, clinical and commercial drug product manufacturing services for oral and injectable drugs, as well as packaging, labeling, storage and distribution services for clinical trial materials and commercial drug products.

The entire campus is expected to take about five years to build.

WuXi STA, which is considered a contract research, development and manufacturing organization, has 12 sites across the U.S., Europe and Asia. It already has drug manufacturing sites in Couvet, Switzerland; Wuxi City, China; and Shanghai.

DRUG COMPANY WELCOME

"We are truly looking forward to our partnership with WuXi STA," said Middletown Mayor Ken Branner. He pointed out that the drug company is steps away from Clarios, Datwyler, Amazon and Breakthru Beverage.

"When asked by WuXi STA about our business-friendly attitude, these businesses expressed their wholehearted support for how we do business and we couldn't be more excited about WuXi STA wanting to join them, and the town of Middletown, in our journey together," Branner said.

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Dr. Minzhang Chen, CEO of WuXi STA. and co-CEO of parent company WuXi AppTec, thanks the federal, state and local agencies who had supported the move.

"We look forward to working with our customers to swiftly deliver their innovative therapies to market in order to save lives and improve healthcare for patients."

The WuXi STA Middletown facility is expected to begin operations in 2025.



Photo credit: Food Bank of Delaware



Food & Dining

TOWN SQUARE LIVE



CATCH THE DRIFT: BEACH RESTAURANT RELAXED, REFINED

BY PAM GEORGE

In the late 19th century, Methodists traveled to Rehoboth Beach to renew their spirit beside the sea. These “campers” stayed in rudimentary wood houses known as tents. However, they spent most of their time listening to the Rev. Robert W. Todd’s sermons in the tabernacle.

Things have changed. Zealous foodies have replaced the faithful, and the modern getaway to Rehoboth has as much to do with the restaurants as it does the beach.

It’s fitting then that one of the town’s newest eateries is a renovated camp meeting cottage on Baltimore Avenue.

Drift opened on Aug. 10, and the establishment has quickly demonstrated that it will be a culinary anchor on Baltimore Avenue—which is saying something. The street has no shortage of well-known restaurants, including Blue Moon, Eden, The Pines and DiFebo’s.

The new eatery manages to pay tribute to the upscale cuisine that made Rehoboth a gem on the Culinary Coast. But it also has the relaxed sensibility that modern diners demand.

ROOTED IN EXPERIENCE

Drift is the first effort of the newly formed Second Block Hospitality Group. Up next is Square One Grill’s space on First Street.

The team includes David Gonce, Bob Suppies and Tyler Townsend—owners of **The Pines** and **Aqua Bar & Grill** down the street—and Lion Gardner, previously an owner of **Blue Moon** and an opening chef at **Eden**.

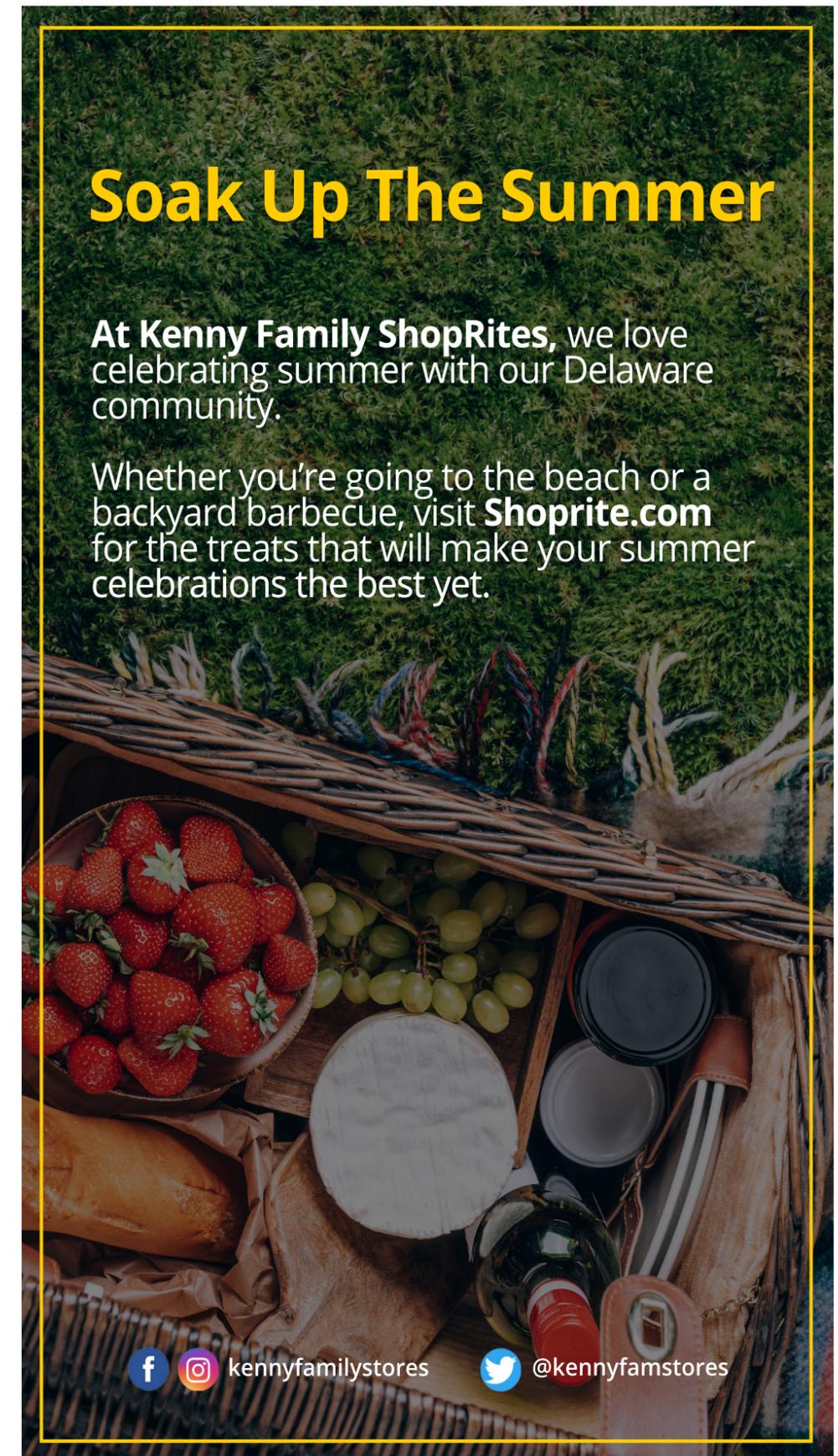
Gardner, however, is not in the kitchen.

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BY PAM GEORGE

If you missed getting tickets to the **Burger Battle** on Aug. 27, you're out of luck—they're sold out. But plenty of events are coming up that focus on tasty fare.

Saturday, Aug. 27: Delaware Beer, Wine & Spirits Festival

This annual event at the Delaware Agricultural Museum & Village in Dover showcases producers on the Delaware Beer, Wine & Spirits Trail. Expect food trucks, live music, outdoor games and guided tours. If it rains, the event moves inside. General admission is \$50 until Aug. 23 and \$60 on the day of the event.

Friday, Sept. 9–Sunday, Sept. 11: Oktoberfest

The anticipated festival in Newark is early this year. But, as before, guests will enjoy German food and beverages—aka beer—amusement rides and Bavarian bands. Lederhosen is optional. The fee is \$10 per person.

ELEVEN FOOD, BEVERAGE FESTIVALS TO EASE INTO FALL

Saturday, Sept 10, and Sunday, Sept. 11: Brandywine Festival of the Arts

Sure the 240 artisans are the main draw to the picturesque grounds near the Brandywine Zoo for the Brandywine Festival of the Arts. But the nearly 15,000 visitors will also come to the 61st annual event for the dozen-plus food vendors offering chicken, BBQ, soul food, cinnamon buns, kettle corn, ice cream and water ice. A shuttle bus service will be available at Incyte, 1801 Augustine Cutoff. Admission is \$5; children 12 and under get in for free.

Saturday, Sept. 10: 9th Annual Odessa Brewfest

Just about every Delaware brewery will show up for this fundraiser, which benefits the Historic Houses of Odessa. Along with craft beers, the event includes music and food. General admission tickets are \$60; designated driver tickets are \$15.

Saturday, Sept. 17: MickeyFest 2022

This popular chef-supported event was founded by Donny Merrill, the owner of Skipjack, to raise money for Sanfilippo research. His daughter, Michaela, has the rare disease. Held on Fort DuPont Preservation Lands, the fundraiser will include food trucks, family games, a roster of local bands, a beer garden, wine and a full bar. Admission is free.

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CHINESE FESTIVAL TO OFFER FOOD, DEMOS THIS WEEKEND

BY BETSY PRICE

The Chinese American Community Center will offer some new foods and a look at games of chess and Go as part of its annual **Chinese Festival** Saturday and Sunday, Aug. 20 and 21.

The Hockessin festival will continue to keep events outdoors to guard against COVID-19. Food will be served and sold from under a tent in the parking lot, with dances and demonstrations nearby.

“This weekend seems to have pretty good weather,” said Dennis Chung, festival co-chairman. “I’m keeping my fingers crossed.” The forecast calls for cloudy days with highs in the low 80s and lows in the 60s.

CHINESE GAMES

In years past, the festival would borrow collections that illustrated a portion of Chinese or Taiwanese history, including kites and red lacquerware. The displays included information on how they were made, when they were used, how they were used and what they meant to the people who created them.

Because organizers wanted to avoid people having to go inside, the festival this year will focus on the games, Chung said.

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Government

TOWN SQUARE LIVE



BONINI FACES 2 GOP CHALLENGERS FOR SEAT HE'S HELD 27 YEARS

BY CHARLIE MEGGINSON

There's a race to the right in central Delaware's 16th Senate District, and incumbent Republican Sen. Colin Bonini's 27 years of experience have become a focal point of the bitter challenge.

Bonini has long been regarded as one of the most conservative members of the Delaware General Assembly, but that may not be enough to stave off primary challengers **Kim Petters** or **Eric Buckson**. It's one of the most interesting races in the state's primary elections, which take place Sept. 13.

First elected to the Delaware Senate in 1995, Bonini, who serves on the powerful Bond Bill Committee, has

infamously never once **voted** for a state budget, opposed numerous efforts to increase taxes, and been a stalwart supporter of "traditional values."

He's run for governor twice and treasurer once, but always landed back in the 16th Senate District—a place that hasn't failed him at the ballot box in 27 years.

"I've tried to be a strong voice for traditional values and conservative principles," Bonini told Delaware LIVE News. "I certainly hope that I've done a good job with that and I've been blessed that the people in my district have agreed that I've done a good job with that."

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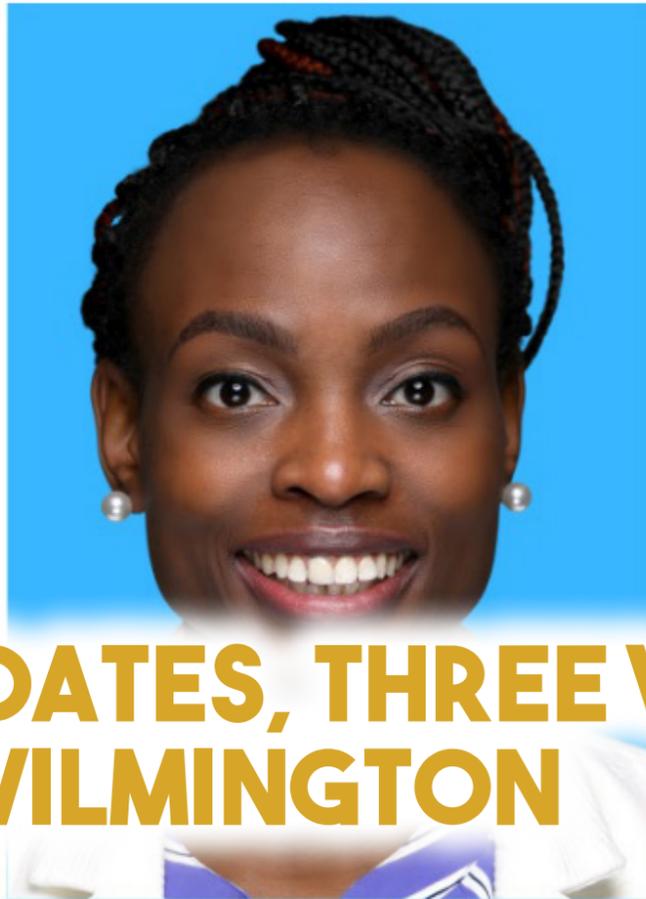
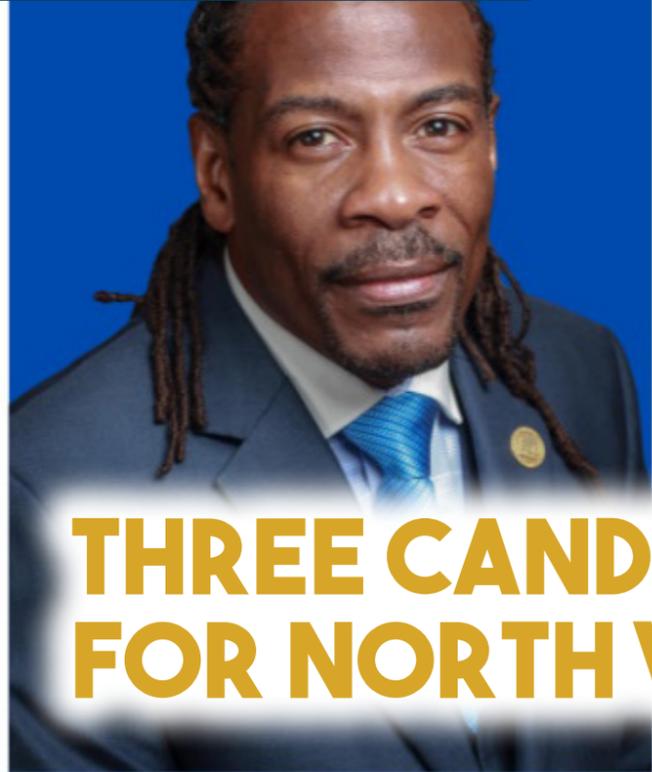
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THREE CANDIDATES, THREE VISIONS FOR NORTH WILMINGTON

BY CHARLIE MEGGINSON

Voters in Northwest Wilmington, Brandywine Village and Trolley Square will have three choices when they decide who to send to Dover as their next state representative.

They can go with who they know: incumbent Democratic Rep. Nnamdi Chukwuocha. They can toss Chukwuocha out and promote progressive Councilwoman Shane Darby to the seat. Or they could do the unlikely and vote for political newcomer Mark Prescott Gardner, a Republican.

WILMINGTON'S 1ST REPRESENTATIVE DISTRICT

Nnamdi Chukwuocha

Chukwuocha said that while he welcomes Darby to the race, "she's rolling the dice to see what happens."

"It's a free race for her because it's a mid-term race and she's still on council," he said. "I know I've done well for my district and I think I have a great amount of support."

Before his 2018 election to the House of Representatives, Chukwuocha served on the Wilmington City Council.

"I intend to show that support all over the district," he said. "Not only in the first councilmanic district that I represented, but also in the second councilmanic district where I was born and raised and where she currently represents."

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Government

JUDGE SIDES WITH MCGUINNESS IN MEDICAID STANDOFF

transaction or transactions after the fact, and a performance audit is a form of postaudit.”

“This decision is paramount,” McGuinness said in an interview with Delaware LIVE News. “The judge validated the position our office has taken for decades, which is that there are several different types of postaudits, including performance audits.”

McGuinness said she feels “vindicated” because her office can finally point to a legal precedent that recognizes her authority to investigate whether state agencies are using tax dollars responsibly.

When the General Assembly was **considering** legislation to create an independent inspector general’s office in Delaware, McGuinness wrote a **letter** arguing that the duties outlined in the bill were duplicative and that her office was already performing many of the duties that would be assigned to the inspector general.

Supporters of the bill took the same as DHSS—that McGuinness is only authorized by law to audit financial transactions. With Karsnitz’s ruling, McGuinness feels the record has been set straight.

A spokeswoman for DHSS told the **Associated Press** that the agency is reviewing the ruling “and will take appropriate next steps.”

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Education

TOWN SQUARE LIVE



LEARNING COLLAB DISTRICTS TO MEET: TEST SCORES FOR CITY SCHOOLS

BY JAREK RUTZ

Brandywine, Red Clay and Christina school districts will meet Aug. 30 with the Department of Education and the governor’s office to discuss joining the Wilmington Learning Collaborative.

The announcement came at Brandywine’s school board meeting Monday, where the district once again delayed a vote on whether to join.

Board President John Skrobot III said that the date is tentative and the parties have not settled on a location for the meeting. He also said it is unclear whether it will be an executive meeting or one that is open to the public.

The news comes a week after Brandywine held a community **town hall** in which collaborative officials fielded questions from the public on topics such as curriculum changes, mental health support and funding sources.

There was virtually no discussion at the Brandywine meeting other than Skrobot III’s announcement.

“We’re still looking into that to discuss aspects of the Wilmington Learning Collaborative MOU so that we can share insight perspectives and get additional information from the governor’s office as well as the Department of Education,” he said.

MORE ON THE LEARNING COLLAB

The 16-page draft **agreement** was released June 2 and outlines the roles and responsibilities of all parties involved with the collaborative, including the districts, governing council, the state, and others.

It also provides details on how the collaborative will be funded, which includes \$7 million that Gov. John Carney has earmarked for the project.

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WILMU'S PREVENTION SCIENCE OFFERS SOLUTIONS TO SOCIETAL PROBLEMS

BY JAREK RUTZ

Kristen Wilson wanted to figure out how to combat the increasing mental health struggles seen in students as the COVID-19 pandemic stretched on.

In her last semester in the [Wilmington University](#) Prevention Science program, Wilson has whittled that topic down to focus on community college students for her doctoral dissertation.

Prevention science uses statistics and studies to create programs that will reduce risk factors in a community and help them protect people by helping them avoid elements that contribute to the problem. It's a field that's drawn much more interest since the pandemic began.

Rather than reacting to or providing treatment in the aftermath of an issue, such as homelessness, preventive

science can offer solutions to make those things more avoidable in the first place.

Instructors said WilmU's Prevention Science program is one of a kind because it's exclusively offered online and can be completed in just two-and-a-half years.

"It's not your traditional PhD program because it's more action research," said Dr. Edward Guthrie, dean of the university's College of Social and Behavioral Sciences. "You can look at a problem and in a shorter period of time have the skill set to empirically look at it, evaluate it, work with the community, build that coalition, and then make recommendations and implement them to help resolve that issue or work on it."

Dr. Debra Berke, director of psychology/organizational

dynamics programs, likes to call it a "weed and seed" approach. Although the weed and seed approach originated as a Department of Justice program focused on crime control and prevention, Berke said, some general strategies can be adopted for other community-based prevention such as substance abuse prevention, suicide prevention, teen pregnancy prevention and youth violence prevention.

"We want to weed out those bad things in our society that aren't promoting healthy growth and development, and we want to seed in positive predictive factors like knowledge and skills and attitudes, values, beliefs, policies and procedures, those kinds of things," Berke said.

[CLICK HERE TO READ MORE](#)

HERE'S HOW SCIENCE OF READING WILL LOOK IN CLASSROOMS

BY JAREK RUTZ

Singing nursery rhymes, teaching letter sounds and discussing what has been read are all ways you might see the science of reading is incorporated into Delaware classrooms.

Delaware's 151st General Assembly raised awareness of using brain research to help students learn how to read when it passed a couple of bills that made using the science part of state law.

Educators, though, said the practice is already common in Delaware schools and the laws simply made it an official requirement.

WHAT IS THE SCIENCE OF READING?

The **science of reading** is defined as cognitive brain research that shows how students learn to read, said Monica Gant, chief academic officer for the Delaware Department of Education.

It has six essential components: phonemic awareness, phonics, reading fluency, vocabulary, text comprehension and oral language.

In a curriculum aligned with the science of reading, teachers would focus on all of these areas.

Professor Christina Budde said that the science of reading includes decoding and linguistic comprehension.

Phonics is one method used at the elementary level to sharpen students' ability to recognize and use letter-sound relationships. That includes recognizing letter patterns to correctly pronounce written words.

Phonics is an area some education officials and advocacy groups think the state needs to double down on in order to improve its disturbingly low reading **test scores**.

One reason legislators and others wanted laws changed was because the state of Mississippi **incorporated** this by law and saw reading scores soar. Delaware, on the other hand, changed to "new" methods in 2002 and saw reading scores start to **plummet**.

[CLICK HERE TO READ MORE](#)

Vote in the primary on September 13.

Elections.Delaware.gov

Primary election day is almost here, but you can only vote if you're registered. If you're not registered, getting started is easy. Visit Elections.Delaware.gov. Register for the primary, research candidates, find your local polling place and learn about all the ways you can vote—including absentee voting, early voting and voting by mail. You have a voice. Be heard!

Register and vote by September 13.



Photo by Guy Kawasaki for Pexels



Health

TOWN SQUARE LIVE

STATE EXPANDS ACCESS TO MONKEYPOX VAX AFTER FINDING FIVE NEW CASES

BY STAFF WRITER

Five new cases of **monkeypox** have been identified in Delaware. To date, there have been 11 cases identified in the state. The new cases include:

- 23-year-old male in Sussex County
- 57-year-old male in Sussex County
- 28-year-old male in New Castle County
- 34-year-old male in New Castle County
- 37-year-old male in New Castle County

All cases are unrelated to the others.

The 23-, 37- and 57-year-olds all reported intimate contact with an individual confirmed to be positive for monkeypox. The 34-year-old had recent intimate contact with another person, but the person was not known to have monkeypox.

No contact information is known for the 28-year-old. None of the individuals reported travel.

Currently, there is no specific treatment for monkeypox, but antivirals may be prescribed.

DELAWARE EXPANDS ACCESS TO VACCINE

Beginning Monday, Delaware expanded access to the vaccine used for monkeypox to individuals who are living with HIV, as well as those receiving pre-exposure prophylaxis (PrEP) for HIV.

Individuals living with HIV or receiving HIV PrEP should first contact their medical provider or PrEP treatment center to ask if they are offering the vaccine. If the provider is not, the person may contact the Division of Public Health (DPH) Hotline at 866-408-1899 to schedule an appointment with a DPH clinic. Walk-ins for vaccination will not be accepted.

Vaccinations at DPH clinics will continue to be prioritized for the following individuals at highest risk:

- Persons known or presumed to be exposed to someone with monkeypox in the last 14 days.

[CLICK HERE TO READ MORE](#)

Need a reason to get your kid vaccinated? They've got plenty.

IT MAKES US ALL SAFE

The COVID-19 vaccine is safe and proven to protect against serious illness. Need more reasons? Talk to your pediatrician today.

GO VAX DELAWARE!

de.gov/youthvaccine



BY TERRY ROGERS

Along with promoting early detection of cancer, the Delaware Breast Cancer Coalition also offers programs that can benefit those who have not been diagnosed but have risk factors for it or other diseases.

The Yes2Health program is available to men and women who may be at risk for cardiovascular disease, hypertension, high cholesterol, diabetes or pre-diabetes as well as someone with a body mass index of 30 or above, said Amanda Perdue, Yes2Health manager.

“Each program establishes a nurturing, supportive and safe environment for those struggling with health issues that put them at risk of developing breast cancer or other chronic illnesses,” she said.

DBCC'S YES2HEALTH PROMOTES WELLNESS FOR ALL

This fall, DBCC will offer Yes2Health in the Kitchen with Chef Dee Iraca, founder of Eat Well Chef.

Iraca is a registered dietitian nutritionist and professional chef in North Carolina. She earned a Culinary Nutrition degree from Johnson & Wales University, completing her dietetic internship at Meredith College.

YES2HEALTH IN THE KITCHEN

The free program is offered online, with each class lasting 30 minutes as participants will learn a new culinary skill while preparing a healthy recipe.

Already scheduled are: Sept. 27 at 6 p.m., Taco Tuesday; Oct. 10 at noon, two ways to make the perfect chicken breast; Oct. 28 at noon, vinaigrette dressing; Nov. 2, a quick and healthy breakfast; Nov. 29 at 6 p.m., how to poach fish. All Yes2Health programs are offered online via Zoom.

Choose Wednesdays from 9:30 a.m. to 10 a.m. or 6 p.m. to 6:30 p.m., with classes from Sept. 14 through Nov. 30. Register for Yes2Health in the Kitchen by emailing Perdue at aperdue@debreastcancer.org. Upon registration, recipes and a shopping list are provided.

“I have lost eight pounds in the last five weeks,” one participant said. “My doctor was so impressed with my results that he said to keep doing what I am doing. I am thankful for the Yes2Health Program.”

[CLICK HERE TO READ MORE](#)

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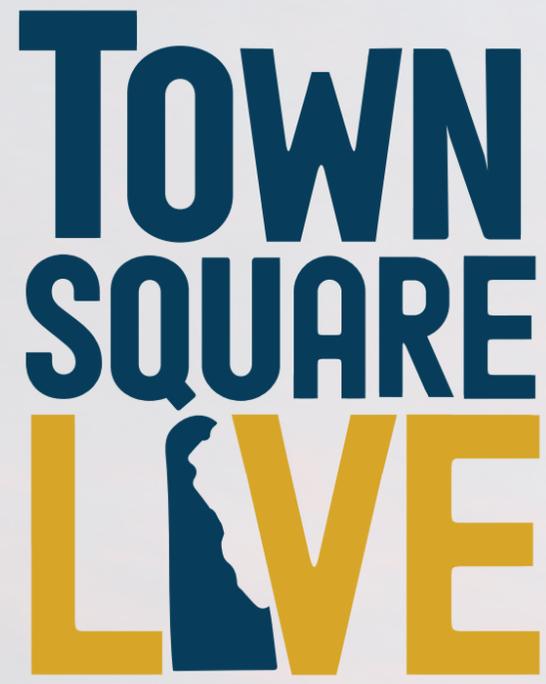


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As a locally-owned company, Delaware LIVE News takes pride in working alongside regional businesses to develop digital marketing campaigns, through our daily news platforms.

From large corporations like Christiana Care, Delaware Tech Community College, and Delaware Department of Health to small shops like Fur Baby Pet Resort, Dolce Coffee Shop, and Benvenuto Tuscan Restaurant, we customize each plan to optimize the needs of each of our marketing partners.

I would love the opportunity to meet with you for 10-15 minutes to see how we can help. You can click the link to set up a meeting with me in our virtual office: <https://meetings.hubspot.com/shupe1>

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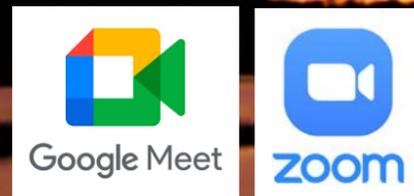


Photo by John Gannick